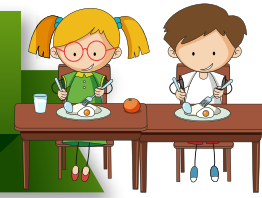




MENU APRIL MENÚ ABRIL



| DIA | 6 LUNES | 7 MARTES | 8 MIÉRCOLES | 9 JUEVES | 10 VIERNES |
|---------------------------------------|---|---|---|--------------------------------------|---|
| SOUP SOPA | "CREAM OF CHICKEN SOUP CREMA DE POLLO" | "MAZAMORRA CHIQUITA MAZAMORRA CHIQUITA" | "NOODLE SOUP SOPA DE FIDEOS" | "CREAM OF ONION CREMA DE CEBOLLA" | "SHELL PASTA SOUP SOPA DE CONCHITAS" |
| PROTEIN PROTEÍNA | "CHURRASCO (STEAK) CHURRASCO" | "CHICKEN STROGANOFF POLLO EN STROGANOFF" | "FLANK STEAK IN SAUCE SOBREBARRIGA EN SALSA" | "BREADED CHICKEN WINGS" | "CHINESE RICE ARROZ CHINO" |
| OPTIONAL PROTEIN PROTEÍNA OPCIONAL | "CHICKEN IN SAUCE POLLO EN SALSA" | "GRILLED BEEF CARNE ASADA" | "PORK MILANESE MILANESE DE CERDO" | ALITAS APANADAS" | "ROASTED GOLD CHICKEN POLLO DORADO" |
| CEREAL | "WHITE RICE ARROZ BLANCO" | "GREEN RICE ARROZ VERDE" | "WHITE RICE ARROZ BLANCO" | "VEGETABLE RICE ARROZ VERDURAS" | |
| ENERGETIC ENERGÉTICO | "NOISSETTES CROQUETAS " | "ROASTED GOLD POTATOES PAPA DORADA" | "ROASTED GOLD CASSAVA YUCA DORADA" | "PAPA FRANCESA FRENCH FRIES " | "ARRACACHA CHIPS CHPS DE ARRACACHA " |
| REGULATOR REGULADOR | "SALAD BAR BARRA DE ENSALADAS" | "SALAD BAR BARRA DE ENSALADAS" | "SALAD BAR BARRA DE ENSALADAS" | "SALAD BAR BARRA DE ENSALADAS" | "SALAD BAR BARRA DE ENSALADAS" |

| DIA | 13 LUNES | 14 MARTES | 15 MIÉRCOLES | 16 JUEVES | 17 VIERNES |
|---------------------------------------|--|---|--------------------------------------|--|---------------------------------------|
| SOUP SOPA | "RICE SOUP SOPA DE ARROZ" | | "BARLEY SOUP SOPA DE CEBADA" | "CONSOMMÉ CONSOMÉ" | |
| PROTEIN PROTEÍNA | "BAKED PORK RIBS COSTILLITAS DE CERDO AL HORNO" | "BOLOGNESE MEAT CARNE BOLONESA " | "CHICKEN CORDON BLEU CORDON BLUE" | "TILAPIA WITH FINE HERBS TILAPIA A LAS FINAS HIERBAS" | "LENTILS LENTEJA" |
| OPTIONAL PROTEIN PROTEÍNA OPCIONAL | "GRILLED BEEF CARNE A LA PLANCHA " | "GRILLED CHICKEN BREAST PECHUGA A LA PLANCHA " | "TROUT TRUCHA" | "CHICKEN DRUMSTICKS COLOMBINAS DE POLLO" | "MEATBALLS ALBÓNDIGAS" |
| CEREAL | "WHITE RICE ARROZ BLANCO" | "RANCHERO SPAGHETTI ESPAGUETI RANCHERO" | "VEGETABLE RICE ARROZ VERDURAS " | "WHITE RICE ARROZ BLANCO" | "GREEN RICE ARROZ VERDE" |
| ENERGETIC ENERGÉTICO | "CROQUETTES CROQUETAS" | "NACHOS NACHOS " | "FRIED PLANTAIN PATAcón" | "ROASTED GOLD POTATOES PAPA DORADA" | "PLANTAIN SLICE TAJADA DE PLATANO" |
| REGULATOR REGULADOR | "SALAD BAR BARRA DE ENSALADAS" | "SALAD BAR BARRA DE ENSALADAS" | "SALAD BAR BARRA DE ENSALADAS" | "SALAD BAR BARRA DE ENSALADAS" | "SALAD BAR BARRA DE ENSALADAS" |

| DIA | 20 LUNES | 21 MARTES | 22 MIÉRCOLES | 23 JUEVES | 24 VIERNES |
|---------------------------------------|--|--|--|--|---|
| SOUP SOPA | "ARRACACHA SOUP SOPA DE ARRACACHA" | "TORREJAS SOUP SOPA DE TORREJAS" | "COUNTRY-STYLE SOUP SOPA CAMPESINA" | "AJIACO (CHICKEN & POTATO STEW) AJIACO" | "OATMEAL SOUP SOPA DE AVENA" |
| PROTEIN PROTEÍNA | "GRATINATED CHICKEN BREAST PECHUGA GRATINADA" | COUNTRY-STYLE CHICKEN POLLO CAMPESINO | "PORK CHOP IN RED BERRY SAUCE CHULETA DE CERDO SALSA DE FRUTOS ROJOS " | "SHREDDED CHICKEN BREAST PECHUGA MECHADA " | "BAKED CHICKEN DRUMSTICKS PERNILITOS AL HORNO" |
| OPTIONAL PROTEIN PROTEÍNA OPCIONAL | "BEEF IN SAUCE CARNE EN SALSA " | PORK LOIN LOMO DE CERDO | "SHREDDED BEEF ROPA VIEJA" | | "JULIENNE BEEF CARNE EN JULIANAS" |
| CEREAL | "TOMATO RICE ARROZ ATOMATADO" | "WHITE RICE ARROZ BLANCO" | "RICE WITH CARROTS ARROZ CON ZANAHORIA" | "WHITE RICE ARROZ BLANCO" | "GREEN RICE ARROZ VERDE" |
| ENERGETIC ENERGÉTICO | "POTATOES IN SAUCE PAPA EN SALSA" | "FRENCH FRIES PAPA A LA FRANCESA" | "SWEET PLANTAIN FRITTERS ABORRAJADOS" | "CORN ON THE COB MAZORCA" | "PLANTAIN RINGS CASCABELES DE PLÁTANO" |
| REGULATOR REGULADOR | "SALAD BAR BARRA DE ENSALADAS" | "SALAD BAR BARRA DE ENSALADAS" | "SALAD BAR BARRA DE ENSALADAS" | "SALAD BAR BARRA DE ENSALADAS" | "SALAD BAR BARRA DE ENSALADAS" |

| DIA | 27 LUNES | 28 MARTES | 29 MIÉRCOLES | 30 JUEVES |
|---------------------------------------|--|--|---|--|
| SOUP SOPA | | "WHEAT CUCHOCO SOUP CUCHOCO DE TRIGO" | "PEA STEW / SOUP CAZUELA DE ARVEJA" | <p>MENÚ POR VOTACIÓN COMMUNITY CHOSEN MENU</p> <ul style="list-style-type: none"> FRIED RICE SEAFOOD RICE CHINESE RICE ARROZ FRITO ARROZ MARINERO ARROZ CHINO <p>VOTE</p> |
| PROTEIN PROTEÍNA | "RICE WITH TUNA ARROZ CON ATÚN" | "MIXED STROGANOFF STROGANOFF MIXTO" | "FLANK STEAK IN SAUCE SOBREBARRIGA EN SALSA" | |
| OPTIONAL PROTEIN PROTEÍNA OPCIONAL | "RICE WITH CHICKEN ARROZ CON POLLO" | "PARSLEY RICE ARROZ CON PEREJIL" | "FINE HERBS CHICKEN POLLO A LAS FINA HIERBAS " | |
| CEREAL | | "GOLDEN PLANTAIN PLATANO DORADO" | | |
| ENERGETIC ENERGÉTICO | "FRENCH FRIES PAPA FRANCESA" | | "MASHED POTATOES PURE DE PAPA" | |
| REGULATOR REGULADOR | "SALAD BAR BARRA DE ENSALADAS" | "SALAD BAR BARRA DE ENSALADAS" | "SALAD BAR BARRA DE ENSALADAS" | |



NOTE: THE MENU MAY BE MODIFIED FOR SPECIAL EVENTS

NOTA: EL MENU PUEDE SER MODIFICADO POR EVENTOS ESPECIALES

ALL MENUS INCLUDE

Todos los MENUS INCLUYEN:

SALAD BAR
BARRA DE ENSALADA

FRUIT BAR
BARRA DE FRUTA

DRINK
BEBIDA

DESSERT
POSTRE

VARIETY OF FRESH VEGETABLES AND ADDITIONAL VINAIGRETTE
VARIEDAD DE VERDURAS FRESCAS Y VINAGRETA ADICIONAL

VARIETY OF FRESH FRUIT ACCORDING TO THE SEASON
VARIEDAD DE FRUTA SEGÚN COSECHA

NATURAL JUICE WITH SUGAR/UNSWEETENED OR WATER
JUGO NATURAL CON AZÚCAR/ SIN AZÚCAR Y AGUA

HOMEMADE PREPARATION
PREPARACION CASERA