



# MENU AUGUST MENÚ AGOSTO



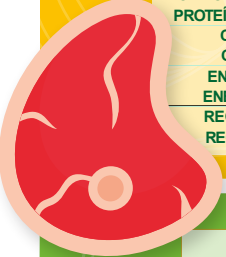
| DIA                                   | 3 LUNES                                | 4 MARTES                                       | 5 MIÉRCOLES                                                 | 6 JUEVES                                                                                                                              | 7 VIERNES                                                                                                                  |  |
|---------------------------------------|----------------------------------------|------------------------------------------------|-------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|--|
| SOUP<br>SOPA                          | "RICE SOUP<br>SOPA DE ARROZ"           |                                                | "CARMELITA SOUP<br>SOPA CARMELITA"                          | "BOYACA REGIONAL MENU<br>WITH PORK BACKBONE<br>SOUP, (BEEF AND PORK<br>MEAT, ""MORCILLA,<br>CHORIZO,"" AND POTATO),<br>GUACAMOLE      |  <b>FESTIVO</b><br>Batalla de<br>Boyacá |  |
| PROTEIN<br>PROTEÍNA                   | "WOK CHICKEN BREAST<br>PECHUGA AL WOK" | "GRILLED TILAPIA<br>TILAPIA GRILLÉ"            | "BEEF MEDALLIONS IN SAUCE<br>MEDALLONES DE RES<br>EN SALSA" |                                                                                                                                       |                                                                                                                            |  |
| OPTIONAL PROTEIN<br>PROTEÍNA OPCIONAL | "ROASTED MEAT<br>CARNE ASADA"          | "ROASTED CHICKEN<br>POLLO DORADO"              | "PORK MILANESE<br>MILANESA DE CERDO"                        |                                                                                                                                       |                                                                                                                            |  |
| CEREAL<br>CEREAL                      | "GREEN RICE<br>ARROZ VERDE"            | "RICE WITH SESAME SEEDS<br>ARROZ CON AJONJOLI" | "TIGER RICE<br>ARROZ TIGRE"                                 | MENU REGIONAL BOYACA<br>CUCHUCO CON ESPINAZO<br>Y PIQUETE(CARNE DE RES<br>Y CERDO, MORCILLA,<br>CHORIZO Y PAPA<br>CRIOLLA) GUACAMOLE" |                                                                                                                            |  |
| ENERGETIC<br>ENERGÉTICO               | "MASHED POTATOES<br>PURE DE PAPA"      | "FRIED PLANTAIN<br>PATACON"                    | "YUCCA CROQUETTE<br>CROQUETA DE YUCA"                       |                                                                                                                                       |                                                                                                                            |  |
| REGULATOR<br>REGULADOR                | "SALAD BAR<br>BARRA DE ENSALADAS"      | "SALAD BAR<br>BARRA DE ENSALADAS"              | "SALAD BAR<br>BARRA DE ENSALADAS"                           |                                                                                                                                       |                                                                                                                            |  |



| DIA                                   | 10 LUNES                                  | 11 MARTES                                | 12 MIÉRCOLES                        | 13 JUEVES                                       | 14 VIERNES                                   |
|---------------------------------------|-------------------------------------------|------------------------------------------|-------------------------------------|-------------------------------------------------|----------------------------------------------|
| SOUP<br>SOPA                          | "GRANDMA'S SOUP<br>SOPA DE LA ABUELA"     |                                          | "PUMPKIN SOUP<br>CREMA DE AHUYAMA"  | "LENTIL SOUP<br>SOPA DE LENTEJA"                | "CHICKEN SANCOCHO<br>SANCOCHO DE GALLINA"    |
| PROTEIN<br>PROTEÍNA                   | "GRILLED STEAK<br>STEAK A LA PARRILLA"    | "PORK LOIN<br>BONDIOLA DE CERDO"         | "FRIED CATFISH<br>BAGRE DORADO"     | "PEPPERED LOIN<br>LOMITO PIMIENTA"              | "PORK LEG<br>PIERNA PERNIL"                  |
| OPTIONAL PROTEIN<br>PROTEÍNA OPCIONAL | "GROUND MEAT<br>PECHUGA MECHADA"          | "MEATBALLS.<br>ALBONDIGAS"               | "BEEF MILANESE.<br>MILANESA DE RES" | "SQUARE CUTLETS IN SAUCE<br>CUADRITOS EN SALSA" | "GRILLED MEAT<br>CARNE A LA PARRILLA"        |
| CEREAL                                | "RICE WITH PEAS<br>ARROZ CON ARVEJA"      | "RICE WITH PARSLEY<br>ARROZ CON PEREJIL" | "GREEN RICE<br>ARROZ VERDE"         | "CARROT RICE<br>ARROZ CON ZANAHORIA"            | "WHITE RICE<br>ARROZ BLANCO"                 |
| ENERGETIC<br>ENERGÉTICO               | "GOLDEN CRIOLLITAS<br>CRIOLLITAS DORADAS" | "ARRACA CHIPS<br>CHIPS DE ARRACACHA"     | "STEAMED POTATO<br>PAPA AL VAPOR"   | "PLANTAIN COINS<br>MONEDAS DE PLATANO"          | "CORN ON THE COB / POTATO<br>MAZORCA / PAPA" |
| REGULATOR<br>REGULADOR                | "SALAD BAR<br>BARRA DE ENSALADAS"         | "SALAD BAR<br>BARRA DE ENSALADAS"        | "SALAD BAR<br>BARRA DE ENSALADAS"   | "SALAD BAR<br>BARRA DE ENSALADAS"               | "SALAD BAR<br>BARRA DE ENSALADAS"            |

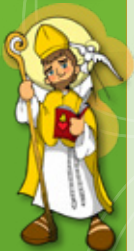


| DIA                                   | 17 LUNES                                   | 18 MARTES                                    | 19 MIÉRCOLES                                                      | 20 JUEVES                               | 21 VIERNES                                  |
|---------------------------------------|--------------------------------------------|----------------------------------------------|-------------------------------------------------------------------|-----------------------------------------|---------------------------------------------|
| SOUP<br>SOPA                          | <b>FESTIVO</b><br>Asunción de<br>la Virgen |                                              | "BOYACENSE MUTE(A TRADITIONAL<br>BOYACA STEW)<br>MUTE BOYACENSE " |                                         | "BEAN STEW<br>CAZUELA DE FRIJOL"            |
| PROTEIN<br>PROTEÍNA                   |                                            | "CHICKEN A LA MARENGO<br>POLLO A LA MARENGO" | "SKIRT STEAK IN CREOLE SAUCE<br>SOBREBARRIGA A LA CRIOLLA"        | "BBQ RIBS<br>COSTILLAS DE CERDO B.B.Q." | "BEEF IN POWDERED SAUCE<br>CARNE EN POLVO " |
| OPTIONAL PROTEIN<br>PROTEÍNA OPCIONAL |                                            | "ROASTED MEAT<br>CARNE ASADA"                | "PORK IN SAUCE<br>CERDO EN SALSA"                                 | "CHICKEN IN SAUCE<br>POLLO EN SALSA"    | "CHORIZO / EGG<br>CHORIZO / HUEVO"          |
| CEREAL                                |                                            | "YELLOW RICE<br>ARROZ AMARILLO"              | "WHITE RICE<br>ARROZ BLANCO"                                      | "PARSLEY RICE<br>ARROZ PEREJIL"         | "WHITE RICE<br>ARROZ BLANCO"                |
| ENERGETIC<br>ENERGÉTICO               |                                            | "FRIED YUCCA<br>YUCA FRITA"                  | "WHITE RICE<br>PAPA CRIOLLA"                                      | "POTATO CHIPS<br>PAPAS CHIPS"           | "RIPE PLANTAIN<br>PLATANO MADURO"           |
| REGULATOR<br>REGULADOR                |                                            | "SALAD BAR<br>BARRA DE ENSALADAS"            | "SALAD BAR<br>BARRA DE ENSALADAS"                                 | "SALAD BAR<br>BARRA DE ENSALADAS"       | "SALAD BAR<br>BARRA DE ENSALADAS"           |



## SEMANA DE SAN AGUSTIN

| DIA                                   | 24 LUNES                                                        | 25 MARTES                                                | 26 MIÉRCOLES                                     | 27 JUEVES                                                                                                    | 28 VIERNES                    |
|---------------------------------------|-----------------------------------------------------------------|----------------------------------------------------------|--------------------------------------------------|--------------------------------------------------------------------------------------------------------------|-------------------------------|
| SOUP<br>SOPA                          | "TORREJA SOUP<br>SOPA DE TORREJAS "                             |                                                          | "CASCABELES SOUP<br>SOPA DE CASCABELES"          | <b>MENÚ POR VOTACIÓN</b><br>MONTHLY THEMATIC<br>VOTING MENU<br>MENÚ POR VOTACIÓN<br>TEMÁTICA DEL MES<br>VOTE | "SNACK:<br>DEPARTURE 12:00 PM |
| PROTEIN<br>PROTEÍNA                   | "PORTUGUESE STYLE<br>CHICKEN BREAST<br>PECHUGA A LA PORTUGUESA" | "CRISPY PORK LOIN<br>LOMO DE CERDO CRISPY"               | "GOLDEN FLANK STEAK<br>SOBREBARRIGA DORADA"      |                                                                                                              |                               |
| OPTIONAL PROTEIN<br>PROTEÍNA OPCIONAL | "RUMP STEAK MILANESE<br>MILANESA DE CADERA"                     | "BEEF MEDALLIONS IN SAUCE<br>MEDALLONES DE RES EN SALSA" | "GRILLED CHICKEN BREAST<br>PECHUGA A LA PLANCHA" |                                                                                                              | REFRIGERIO<br>SALIDA 12:00 m" |
| CEREAL                                | "WHITE RICE<br>ARROZ BLANCO"                                    | "RICE WITH SWEET CORN<br>ARROZ CON MAIZ TIERNO"          | "WHITE RICE<br>ARROZ BLANCO"                     |                                                                                                              |                               |
| ENERGETIC<br>ENERGÉTICO               | "GOLDEN YELLOW POTATOES<br>PAPA CRIOLLA DORADA"                 | "BAKED SAUTEED POTATOES<br>PAPA SOUTE HORNEADA"          | "PLANTAIN SLICES<br>TAJADAS DE PLATANO"          |                                                                                                              |                               |
| REGULATOR<br>REGULADOR                | "SALAD BAR<br>BARRA DE ENSALADAS"                               | "SALAD BAR<br>BARRA DE ENSALADAS"                        | "SALAD BAR<br>BARRA DE ENSALADAS"                |                                                                                                              |                               |



| DIA                                   | 31 LUNES                                                                 |
|---------------------------------------|--------------------------------------------------------------------------|
| SOUP<br>SOPA                          | "PASTA SOUP<br>SOPA DE PASTA"                                            |
| PROTEIN<br>PROTEÍNA                   | "STEAK TOPPED WITH A FRIED EGG<br>BITECK A CABALLO"                      |
| OPTIONAL PROTEIN<br>PROTEÍNA OPCIONAL | "PORK LOIN IN PASSION FRUIT SAUCE<br>LOMO DE CERDO EN SALSA DE MARACUYA" |
| CEREAL                                | "WHITE RICE<br>ARROZ BLANCO"                                             |
| ENERGETIC<br>ENERGÉTICO               | "SALTED POTATO<br>PAPA SALADA"                                           |
| REGULATOR<br>REGULADOR                | "SALAD BAR<br>BARRA DE ENSALADAS"                                        |



NOTE: THE MENU MAY BE MODIFIED FOR  
SPECIAL EVENTS

NOTA: EL MENU PUEDE SER MODIFICADO  
POR EVENTOS ESPECIALES

ALL MENUS INCLUDE

Todos los MENUS INCLUYEN:

|                                |                                                                                                              |
|--------------------------------|--------------------------------------------------------------------------------------------------------------|
| SALAD BAR<br>BARRA DE ENSALADA | VARIETY OF FRESH VEGETABLES AND ADDITIONAL VINAIGRETTE<br>VARIEDAD DE VERDURAS FRESCAS Y VINAGRETA ADICIONAL |
| FRUIT BAR<br>BARRA DE FRUTA    | VARIETY OF FRESH FRUIT ACCORDING TO THE SEASON<br>VARIEDAD DE FRUTA SEGÚN COSECHA                            |
| DRINK<br>BEBIDA                | NATURAL JUICE WITH SUGAR/UNSWEETENED OR WATER<br>JUGO NATURAL CON AZUCAR/ SIN AZUCAR Y AGUA                  |
| DESSERT<br>POSTRE              | HOMEMADE PREPARATION<br>PREPARACION CASERA                                                                   |